

Download Darina Allen's Ballymaloe Cooking School Cookbook

Darina Allen established Ballymaloe Cookery School in 1983 with her brother Rory O'Connell. Author of over 10 books and presenter on 6 Television series, her main passion and her daily task is to impart her knowledge to the students at the Ballymaloe Cookery School. Rory O'Connell co-founded Ballymaloe Cookery School with his sister Darina Allen in 1983. Although he has only recently released his first cook-book, Rory's name will be familiar to anyone who has ever been to the Ballymaloe Cookery School. Head chef of Ballymaloe House for ten years, he was twice awarded the prestigious title of Ireland's Chef of the Year. This biography of a living person needs additional citations for verification. Please help by adding reliable sources. Contentious material about living persons that is unsourced or poorly sourced must be removed immediately, especially if potentially libelous or harmful. March 2015) (Learn how and when to remove this template message) You can get Irish-style flour from the mill in Ireland (linked in the post) or from King Arthur Flour. Should you live elsewhere, check out my tips for finding foods online where you are. If you don't want to mail away for it, you might try replacing up to 4 tablespoons of the whole-wheat flour with wheat germ and see if you like the results. - Darina Allen's Ballymaloe Cooking School Cookbook