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SIDEBAR. Using High-Tech Tools to Assess Alcoholic Brain Damage. Researchers studying the effects of alcohol use on the brain are aided by advanced technology such as magnetic resonance imaging (MRI), diffusion tensor imaging (DTI), positron emission tomography (PET), and electrophysiological brain mapping. Wernicke-Korsakoff syndrome (WKS) is the combined presence of Wernicke encephalopathy (WE) and alcoholic Korsakoff syndrome. Due to the close relationship between these two disorders, people with either are usually diagnosed with WKS as a single syndrome. Below is an approximation of this video's audio content. To see any graphs, charts, graphics, images, and quotes to which Dr. Greger may be referring, watch the above video. Acetyl L-Carnitine (ALCAR) Acetyl L-Carnitine ((R)-3-Acetyloxy-4-trimethylammonio-butanoate) is an acetylated form of L-Carnitine. A derivative of the amino acid lysine which is naturally produced in your liver and kidneys. This synthesized form can easily cross the blood-brain barrier. ALCAR is a nootropic because it targets your brain metabolism, boosts mitochondria energy, and acts as a ... - Effect Of Added Thiamine On Learning