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OPTIMUM NUTRITION'S GOLD STANDARD 100% Whey uses pure Whey Protein Isolates as the primary ingredient. Combined with ultra-filtered whey protein concentrate, each serving provides 24 grams of all-whey protein and 5.5 grams of naturally occurring Branched Chain Amino Acids (BCAAs) which are prized by athletes for their muscle building qualities. OPTIMUM NUTRITION'S GOLD STANDARD 100% Whey uses pure Whey Protein Isolates as the primary ingredient. Combined with ultra-filtered whey protein concentrate, each serving provides 24 grams of all-whey protein and 5.5 grams of naturally occurring Branched Chain Amino Acids (BCAAs) which are prized by athletes for their muscle building qualities. Aquarium Fish Nutrition | Fish Food Information & Aquatic Health Ingredients & Analysis needed for Optimum Fish Disease Resistance, Growth and Health; How to Determine the Best Fish Foods. From AAP Library Even though BioPreparation is a human-grade dietary product, because of our holistic research, own experience with our pets and personal conversations with Dr. Michael Kiriak (the inventor of the commercial products BioPreparation and BioSuperfood) we personally choose to use the bio-algae concentrates (generic term for any blend of cultured algae) product BioPreparation with our furry children. - Little Book Of Optimum Nutrition