

# Download Nutrition In Kidney Disease Nutrition And Health Series

Usually, nonalcoholic fatty liver disease (NAFLD) and nonalcoholic steatohepatitis (NASH) cause few or no symptoms. Certain health conditions—including obesity, metabolic syndrome, and type 2 diabetes—make you more likely to develop NAFLD and NASH. The nutrition articles from the Practical Gastroenterology Journal are edited by Carol Rees Parrish, MS, RD [Click here for a list of articles by TOPIC](#) [Click here for the 2003 – 2007 Celiac Series](#) [Articles from 2019 January Enteral Feeding Part 1: Pesky Bowel Sounds and Gastric Residual Volumes](#) [February Enteral Nutrition Part 2: Eradicate \[...\]](#) Food and beverages provide the energy and nutrients you need to improve health, manage disease, and reduce the risk of disease. Find resources on nutrition to help you pay attention to what, when, how often, why, and how much you eat and drink, as well as, help manage health conditions such as diabetes, obesity, kidney disease, and others. Nutrition is the science that interprets the interaction of nutrients and other substances in food in relation to maintenance, growth, reproduction, health and disease of an organism. It includes food intake, absorption, assimilation, biosynthesis, catabolism, and excretion. The diet of an organism is what it eats, which is largely determined by the availability and palatability of foods. - Nutrition In Kidney Disease Nutrition And Health Series